

Did o know that looking at o hand can help o pa? It can! Hold o hand o t, palm do n. Each finge can emind o to pa fo a diffe-ent g o p of people. He e' ho it o k:

THUMB: o th mbi the clo e t finge to o , o it can emind o to pa fo the people ho a clo e t to o , like pa ent , b othe and i te , g and pa ent , and f iend .

POINTER FINGER: Pa fo the people ho help point o in the ight di ction: chool teache , o pa to , S nda chool leade , and othe people ho teach o o gi e o ad ice. Pa that God o ld help them be i e and pati ent .

TALLEST FINGER: Yo ne t finge i all o talle t finge . It can help o emembe to pa fo people ho ha ea tho it people like go e nment official , police office , and othe leade . Pa that the o ld make good deci ion and ca e abo t the people the lead.

RING FINGER: Did o know that thi finge i o eake t finge ? Let it emind o to pa fo people ho a e ick, ad, and in t o ble.

LITTLE FINGER: Yo la t finge i o pinkie. Aft e o ' e pa ed fo othe people in o life, don't fo get to pa fo o elf! A k God to fo gi e the ong thing o ' e done and help o to be mo e like Je .

Pal m Pra er

Man of the palm in the Bible e e i tten a pa e to God. King Da id and othe people o te palm to pa i e God, to a k God fo help, and e en to tell God ho ang the e e. W iting o n palm can help o tell God ho o ' e feeling and a k God fo help.

1. _____
(write words that describe God, such as loving, powerful, kind...)

2. _____
(write what you're feeling right now)

3. _____
(describe a problem you're having or something you're thankful for)

4. _____
(write words that ask God for what you need)

5. _____
(write words of thanks)

NOTE o PARENTS:

Psalm Prayers for Families: Devotions for All Ages.

calvin.edu () worship.

amazon.com.

Sometime it' had to it till hile o pa . If o like to mo e a lot, t a alking pa e . A o alk do n o chool hall a , pa ilent l fo the kid and teache o pa . Remembe that e e i ngle one of them i t ggling i th omething e en the people ho look like the ha e it all togethe . O take a alkin in a pa ko in the ood and pa fo God' ceation. O alk a o nd o neighbo hood and pa fo the people ho li e the e. Yo can pa a alking pa e an tme o ' e mo ing a o nd!



Sand S a t e n t be i a f eelance i te and a chool lib a aide. She attend She man St eel CRC in G and Rapid , Michigan. She often need to pa fo

God' help i th thing he' o ied abo t.